



6-8U Winter Learn to Play Hockey

Six-week learn to play program for new hockey players!

DATES:

October 11 -
November 15, 2022

SCHEDULE:

Tuesdays
7:00-7:45pm

COST:

\$50

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Website: valleysports.academy



REGISTRATION:

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PROGRAM DESCRIPTION:

Practices will include fundamental skill work that covers the following elements of the game:

- **Skating:** stride, edgework, forward and backward skating
- **Puck Control:** basic puck control, skating with the puck
- **Passing:** stationary and moving
- **Shooting:** shooting technique, weight transfer

EQUIPMENT:

VSA will NOT be providing any gear. Full hockey equipment is required for Learn to Play programs. VSA recommends checking out Play It Again Sports, Riverside Bike & Skate, or Scheels for equipment!

Hockey Starter Packs are available at the VSA Pro Shop. These packs do NOT include skates or helmets.

QUESTIONS GO TO:

Jack Skille (Director of Hockey):

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